



“The Authentic You: Becoming the Woman You Were Created to Be” by Anita Lee

About Anita Lee: Anita C. Lee is a personal life coach, inspirational speaker and founder of Authentic Success, LLC. She helps empower women to break through their fears and limiting beliefs to become authentically successful in their personal and professional lives. Anita holds an MA in education, is a certified life coach through Coach Training Alliance, and is a Certified Personality Trainer through CLASSEminars. She has been married to her college sweetheart over forty years and lives in Albuquerque, NM.

About the Book: “*The Authentic You: Becoming the Woman You Were Created to Be*” was written because I heard so many women say things like, ‘I don’t know who I am.’ or ‘I don’t know what I want to be when I grow up--and I’m 40 years old!’ Also, I

see so many women who are just going through the motions rather than living intentionally. I am passionate about encouraging, inspiring and motivating women to share their God-given gifts with others to make a positive difference in the world.

The Authentic You is available on www.Amazon.com; from www.CreateSpace.com/3478699; or directly from the author.

Anita is available for speaking locally and globally or for personal life coaching and can be contacted through her website: www.AnitaCLee.com; by email at Anita@AnitaCLee.com; or by calling 505-897-7387.